



# Tuning into Kids <sup>TM</sup> at headspace

**Starting:** Thursday 20<sup>th</sup> February

Finishing on 26<sup>th</sup> March

6 week course – every Thursday

**Where:** headspace Bega

**Time:** 10am – 12pm

***Bookings essential***

Contact: headspace Reception

6494 8844

A FREE six session parenting program for parents and carers of children.

Designed for parents of children up to 12 years old

